## What's Up Edison?

## March 23-27, 2020

What's up Herbert Hoover Hornets, John Adams Knights, Thomas Jefferson Jaguars and Woodrow Wilson Challengers? We are your Middle School Nurses (you can call us The MSNs for short!), coming to you from our home offices! We miss seeing your smiling faces and we hope you and your families are doing well! Even though we are not with you in the schools, the nurses have been working together via chats (Got to follow social distancing!) to figure out a way to help you through this very unique and challenging time. So, we have come up with the idea of *What's Up, Edison Middle Schoolers*? Here we are opening up our virtual offices, to you, our awesome middle schoolers, and you won't even need a pass!

It is our hope that you will visit us each week to find interesting facts, videos, activities and whatever else we can think up. Here are a few links to get you started. The first is a short video about the coronavirus and the second is a quiz to show how smart Edison Middle Schoolers are! There are other links to explore as well. Have fun and learn!

Stay safe and healthy,

Your Middle School Nurses, Carol Martinez, RN, MS, CSN, HHMS Jasmine Cromartie, RN, BSN, CSN, JAMS Nicole Montilus, RN, BS, CSN, TJMS Roulla Fanik, RN, MSN, CSN, WWMS Kristine Walters, RN, BSN, CSN, District Nurse

## What's Up This Week?

There are many ways to protect ourselves against infection. Handwashing is one of the best ways. Here are some links:



And make sure you get outside for fresh air, walk, run, ride your bikes, just practice social distancing!